

## International Yoga day for Peace and Harmony

Yoga International day was celebrated at NRCE Hisar on 21 June 2017. On this occasion, despite of rain, the employees of NRCE and their family members participated with great zeal and interest under slogan “*Yoga for Peace and Harmony*”. They practiced Yoga and Pranayama as per Common Yoga Protocol developed by Ministry of Ayush, GoI under the guidance of Dr Balvinder and Miss Reena from Patanjali Yog Samiti, Hisar. Under Mera Gaon and Mera Gaurav, girls and ladies of Kajla village, Hisar practiced Yoga on 20<sup>th</sup> June, 2017 with NRCE Scientists and officials of Integrated Child Development Scheme, Haryana.

